



SEEDS 13 JIU JITSU ACADEMY / EARLY - TX

TIME	MON	TUE	WED	THU	FRI	SAT
5:30AM 1 HOUR CLASS		BUSINESS CLASS (GI) ALL LEVELS ADULTS		BUSINESS CLASS (GI) ALL LEVELS ADULTS		10:00AM 1 HOUR CLASS COMPETITION CLASS KIDS AND ADULTS
7:00AM 1 HOUR CLASS	AVAILABLE FOR PRIVATE LESSONS	AVAILABLE FOR PRIVATE LESSONS	AVAILABLE FOR PRIVATE LESSONS	AVAILABLE FOR PRIVATE LESSONS	AVAILABLE FOR PRIVATE LESSONS	
11:00AM 1 HOUR CLASS	AVAILABLE FOR PRIVATE LESSONS	AVAILABLE FOR PRIVATE LESSONS	WOMEN'S CLASS	AVAILABLE FOR PRIVATE LESSONS	AVAILABLE FOR PRIVATE LESSONS	
12:00PM 1 HOUR CLASS	BEGINNERS CLASS (GI) ADVANCED CLASS	NO-GI CLASS ALL LEVELS	BEGINNERS CLASS (GI) ADVANCED CLASS	NO-GI CLASS ALL LEVELS	BEGINNERS CLASS (GI) ADVANCED CLASS	
4:30PM 1 HOUR CLASS	TINY SEEDS (GI) KIDS CLASS	TINY SEEDS (NO-GI) KIDS CLASS	TINY SEEDS (GI) KIDS CLASS	TINY SEEDS (NO-GI) KIDS CLASS	WOMEN'S CLASS	
5:30PM 1 HOUR CLASS	LITTE TREES (GI) KIDS CLASS	LITTE TREES (NO-GI) KIDS CLASS	LITTE TREES (GI) KIDS CLASS	LITTE TREES (NO-GI) KIDS CLASS	LITTE TREES (GI) KIDS CLASS COMPETITION CLASS	
6:30PM 1 HOUR CLASS	BEGINNERS CLASS (GI) ADVANCED CLASS	NO-GI CLASS ALL LEVELS	BEGINNERS CLASS (GI) ADVANCED CLASS	NO-GI CLASS ALL LEVELS	BEGINNERS CLASS (GI) ADVANCED CLASS	
7:30PM 1 HOUR CLASS	OPEN MAT	OPEN MAT	OPEN MAT	OPEN MAT	OPEN MAT	

TINY SEEDS (3 TO 7 YEARS OLD)

ALL LEVELS NO EXPERIENCE NEEDED

LITTLE TREE (8 TO 12 YEARS OLD)

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